



Breastfeeding & Working Class

Private home class for mothers returning to work



Why keep breastfeeding?

Balancing home & office

Is pumping necessary?

Know your legal rights

Working with daycare providers

\$125

Includes personal consultation, a written plan and follow-up as you transition to work



Get off to the best start possible and meet your breastfeeding goals

Call or email for an appointment - classes offered evenings and weekends.

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